

Sexual Violence is preventable. Being aware that it is a significant issue in our community is only the first step. We need to take ACTION! By looking at each of the drivers of sexual violence we can take #1Action.

LEAD THE CHANGE TO END SEXUAL VIOLENCE



Condoning of violence against women

Our beliefs and behaviours influence others. Left unchallenged, they create a culture where it's ok to look away, deny the problem, or blame the victim



Men's control of decision making and limits on women's independence

People who condone VAW undermine women's decision-making and leadership in public life, relationships, or using online silencing women by making them afraid



Rigid gender roles and stereotyped constructions of masculinity and femininity

Men who hold hierarchical views about gender roles and more likely to use violence, and women who adhere to them are less likely to identify and report violence



Male peer relations that emphasise aggression and disrespect

When aggression, sexism and disrespect towards women is normalised it creates a culture where VAW is more likely to be used, excused, and justified

The #1Action message unites our individual voices into the power of collective action

Each one of us can be a leader in our families, sports clubs, faith communities, workplaces, and social media platforms. Your #1Action can inspire others to take #1Action. Imagine if every Queenslanders took #1Action - that's 5.3 Million actions to end sexual violence



GOLD COAST CENTRE
against sexual violence inc.

ACTIONS YOU CAN TAKE:

- Listen to and BELIEVE survivors
- Create a culture of enthusiastic consent
- Redefine masculinity for your children
- Have zero tolerance for discrimination in your favourite sport
- Challenge sexist language and stereotypes
- Learn more about the drivers of violence
- Offer leadership training for women and girls
- Use your voice to stand against victim blaming
- Get media literate (porn literate too!)
- Donate to your local CASV
- Call out jokes that normalise sexual violence
- Use language to highlight perpetrator responsibility
- Advocate for gender equitable parenting policies
- Be an active bystander where you live, work and play
- Educate the next generation about respectful relationships



Start by
Believing

